

# French Grammar Express- Reflexive Verbs

Reflexive verbs are normal verbs to which a reflexive pronoun is added, thus modifying the meaning.

If you look in the mirror you see the reflection of yourself; reflexive pronouns refer to a **direct object** that is the same as **the subject**.



I fell and, I hurt myself.

He cut himself shaving

myself  
yourself  
himself  
herself  
itself  
oneself  
ourselves  
yourselves  
themselves

**laver** = *to wash*

**se laver** = *to have a wash (to wash oneself)*



**lave la voiture** =  
*I wash the car*

**me lave** *I wash (myself)*

	<b>se</b>	<b>laver</b>	= <i>to have a wash (to wash oneself)</i>
je	<b>me</b>	<b>lave</b>	= <i>I have a wash (I wash myself)</i>
tu	<b>te</b>	<b>laves</b>	= <i>you have a wash (you wash yourself)</i>
il	<b>se</b>	<b>lave</b>	= <i>he has a wash (he washes himself)</i>
elle	<b>se</b>	<b>lave</b>	= <i>she has a wash (she washes herself)</i>
on	<b>se</b>	<b>lave</b>	= <i>one has a wash (one washes oneself)</i>
nous	<b>nous</b>	<b>lavons</b>	= <i>we have a wash (we wash ourselves)</i>
vous	<b>vous</b>	<b>lavez</b>	= <i>you have a wash (you wash yourselves)</i>
ils	<b>se</b>	<b>lavent</b>	= <i>they have a wash (they wash themselves)</i>
elles	<b>se</b>	<b>lavent</b>	= <i>they have a wash (they wash themselves)</i>

Just remember:

je	<b>me</b>	[juhmuh]
tu	<b>te</b>	[tuh]
il	<b>se</b>	[eelsuh]
elle	<b>se</b>	[ehlsuh]
on	<b>se</b>	[osuh]
nous	<b>nous</b>	[noonoo]
vous	<b>vous</b>	[voovoo]
ils	<b>se</b>	[eelsuh]
elles	<b>se</b>	[ehlsuh]

+ verb

**Je me** **lève** → Present tense  
**levais** → imperfect tense  
**lèverai** → future tense

For the immediate future:

**se reposer** = *to relax*

je	<b>vais</b>	<b>me</b>	<b>reposer</b>
tu	<b>vas</b>	<b>te</b>	<b>reposer</b>
il	<b>va</b>	<b>se</b>	<b>reposer</b>
elle	<b>va</b>	<b>se</b>	<b>reposer</b>
on	<b>va</b>	<b>se</b>	<b>reposer</b>
nous	<b>allons</b>	<b>nous</b>	<b>reposer</b>
vous	<b>allez</b>	<b>vous</b>	<b>reposer</b>
ils	<b>vont</b>	<b>se</b>	<b>reposer</b>
elles	<b>vont</b>	<b>se</b>	<b>reposer</b>

With modal verbs:

Je **veux** **me** **reposer**.

*I want to relax.*

Il **doit** **se** **reposer**.

*He must relax.*

Nous **pouvons** **nous** **reposer**.

*We can relax.*

## In the past (perfect tense)

je <b>me</b>	<b>suis</b>	<b>reposé(e)</b>
tu <b>t'</b>	<b>es</b>	<b>reposé(e)</b>
il <b>s'</b>	<b>est</b>	<b>reposé</b>
elle <b>s'</b>	<b>est</b>	<b>reposée</b>
on <b>s'</b>	<b>est</b>	<b>reposé(es)</b>
nous <b>nous</b>	<b>sommes</b>	<b>reposé(es)</b>
vous <b>vous</b>	<b>êtes</b>	<b>reposé(es)</b>
ils <b>se</b>	<b>sont</b>	<b>reposés</b>
elles <b>se</b>	<b>sont</b>	<b>reposées</b>

**se reposer** =  
to relax

## Some useful verbs

<b>s'asseoir</b>	[sahswahr]	to sit down
<b>s'appeler</b>	[sahpuhl☺]	to be called
<b>se baigner</b>	[suhbeh♠☺]	to bathe, swim
<b>se coucher</b>	[suhkoosh☺]	to go to bed
<b>se dépêcher</b>	[suhd☺pehsh☺]	to hurry
<b>se doucher</b>	[suhdoosh☺]	to take a shower
<b>s'énerver</b>	[s☺nehrv☺]	to get annoyed
<b>se fâcher</b>	[suhfash☺]	to get angry
<b>s'habiller</b>	[sahbee☺]	to get dressed
<b>s'inquiéter</b>	[sěkee-eht☺]	to get worried
<b>s'inscrire</b>	[sěskreer]	to enrol, register
<b>s'intéresser à</b>	[sět☺rehs☺ah]	to be interested in
<b>se lever</b>	[suhluhv☺]	to get up
<b>se marier</b> (avec)	[suhmahree☺]	to get married (to)
<b>se promener</b>	[suhprohmuhn☺]	to take a walk
<b>se reposer</b>	[suhruhpozh☺]	to rest
<b>se réveiller</b>	[suh☺vehee☺]	to wake up